

# **GOVERNMENT WOMEN ENGINEERING COLLEGE AJMER**



## **REPORT**

# **ONE WEEK INDUCTION TRAINING PROGRAMME FOR NEW STUDENTS**

**January 08 to January 13, 2018**

## **ONE WEEK INDUCTION TRAINING PROGRAMME FOR NEW STUDENTS**

**(08/01/2018 - 13/01/2018)**

### **OBJECTIVE**

The objectives of the programme is to make the students feel comfortable in their new environment, open them up, set a healthy daily routine, create bonding in the batch as well as between faculty and students, develop awareness, sensitivity and understanding of the self, people around them, society at large, and nature. The time during the Induction Program is also used to rectify some critical lacunas and sensitize them towards exploring their academic interest and activities, reducing competition and making them work for excellence, build relations between teachers and students and overall personality development.

The following major activities under the induction programme in which the students would be fully engaged throughout the day for the entire duration of programme, this includes:

1. **Physical activity:** This would involve a daily routine of physical activity with games and sports including yoga which will help them to develop team spirit.
2. **Creative arts:** Every student would choose one skill related to the arts whether visual arts of performing arts example are painting, dancing street play, music etc.
3. **Universal human values:** It gets the student to explore on self and allows one to experience the joy of learning stand up to peer pressure,take decisions with courage etc.
4. **Literary:** Literary activities would encompass reading, writing, debating and enacting a play.
5. **Lectures by Eminent People:** This period can be utilized for lectures by eminent people it would give the students exposure to people who are socially active or are in public domain.
6. **Visits to local area:** This would familiarize them with the area as well as expose them to the outer world.

## SCHEDULE

S.N.	Activity	Timings
<b>DAY-1 : 08.01.2018 (MONDAY)</b>		
1	Introduction of Induction Training Programme	9:30 -10:00 am
2	Principal Speech	10:00- 10:30 am
3	Brief about college & staff	10:30- 11:30 am
4	Activity :(Quiz/Group Discussion/Extempore etc.)	11:30 – 1:30 pm
5	Lunch	1:30 – 2:45 pm
6	Motivational Speech	3:00 – 4:00pm
7	Interaction of Principal with tutors and students	4:00 – 6:00 pm
<b>DAY-2 : 09.01.2018 (TUESDAY)</b>		
1	Wake up Call	6 : 00 am
2	Physical Activity(Yoga/light exercise)	6: 45 – 8:00 am
3	Breakfast	8: 00 – 9:00 am
4	Motivational Speech/Video	9:30 – 10:30 am
5	Activity :(Face Painting/Poster Making/Sell out etc.)	10:30 – 1:30 pm
6	Lunch	1:30 – 2:45 pm
7	Sports (outdoor/indoor)	3:00 – 5:00 pm
8	Rest	5: 00 -5:30 pm
9	Interaction with seniors	5:30 – 7:30 pm
10	Dinner	7:30 – 8:30 pm
11	Movie	8:30 pm - onwards
<b>DAY-3: 10.01.2018 (WEDNESDAY)</b>		
1	Wake up Call	6 : 00 am
2	Physical Activity(Yoga/light exercise/ Aerobics)	6: 45 – 8:00 am
3	Breakfast	8: 00 – 9:00 am
4	Motivational Speech	9:30 – 10:30 am
5	Cleanliness Drive	10:30 – 1:30 pm
6	Lunch	1:30 – 2:45 pm
7	Music/Antakshri/Instrument play/ Dance/Team Activity	3:00 – 6: 00 pm
8	Movie	6 :00 – 8:30 pm
9	Dinner	8:30 pm- onwards
<b>DAY-4 : 11.01.2018 (THURSDAY)</b>		
1	Wake up Call	6 : 00 am
2	Physical Activity(Yoga/light exercise/ Aerobics)	6: 45 – 8:00 am
3	Breakfast	8: 00 – 9:00 am
4	Plantation	9:30 – 11:00 am
5	Activity: Essay/Debate/Best out of Waste/other	11:00 – 1:00 pm
6	Lunch	1: 30 – 2:45 pm
7	Nareli Visit	3:00 – 5: 30 pm
8	Movie	6:00 – 8:30 pm
9	Dinner	8:30 pm – onwards

	<b>DAY- 5 : 12.01.2018(FRIDAY)</b>	
1	Wake up Call	6 : 00 am
2	Physical Activity(Yoga/light exercise/ Aerobics)	6: 45 – 8:00 am
3	Breakfast	8: 00 – 9:00 am
4	Exchange of views between students and faculty	9:30 – 10:30 am
4	Speech: TPO/Career Guidance	10:30 – 11: 30am
5	Activity: (Street Play/Mime/Acting/Stand Up Comedy etc.)	11:30 – 1:30 pm
6	Lunch	1: 30 -2:45 pm
7	Games/Sports Activity	3:00 – 4:00 pm
8	Summary of 5 days programme through presentation	4 : 00 – 6:00 pm
9	Foot loose	6 : 00 pm – 7:00 pm
10	Dinner	7:30 pm- onwards
	<b>DAY – 6: 13.01.2018 (SATURDAY)</b>	
1	Wake up Call	6 : 00 am
2	Physical Activity(Yoga/light exercise/ Aerobics)	6: 45 – 8:00 am
3	Breakfast	8: 00 – 9:00 am
4	Speech	9:15 – 10: 15 am
5	Feed Back, Suggestions	10:15 – 11:00 am
6	Closing	11:00 – 12:00 noon

**Day: 1 08.01.2018**

The programme is inaugurated by lamp lighting done by Students of the college. The inaugural speech was delivered by **Dr. Prashant Kriplani** . He told about the importance of programme. After the speech a video was played for showing the journey of college from the establishment of the college.



**Inauguration and lamp lighting by students**



**Inaugural Speech Delivered by Dr. Prashant Kriplani**

A motivational speech was delivered by **Dr. Saroj Bala Gupta**, Assistant Prof. English. She mentioned the importance of human values. Also the importance of spirituality, meditation in our lives.



### **Motivation Speech Delivered by Dr. Saroj Bala Gupta**

After her lecture, Principal of the college interacted with student. He mentioned the importance of technical education for girls. Also enlightened them with his energetic speech.

After lunch the lecture was delivered by **Dr. Kalpana Agarwal**, Surgeon, J.L.N. Medical College Ajmer on the “Female health and hygiene”. She elaborated about the common health problems in females and their cure.



### **Interaction of Dr. Kalpana Agarwal, Surgeon, J.L.N. Medical College Ajmer**

In the evening, interaction session was scheduled for student with teachers in the hostels. Faculties interact with new comers and guide them for their future



**Day: 2 09.01.2018**

The day was started with wakeup call in hostel followed by Yoga session demonstrated by Yoga Trainer **Sh. Ankur Prajapati**, Vivekananda Kendra Ajmer.



**The Yoga Session under the supervision of Sh. Ankur Prajapati**

The formal session was started by the motivational speech of **Dr. Jitendra Thadani**, Lecturer Sanskrit, in Samrat Prithviraj Chauhan Govt. College Ajmer & motivational speaker.



**Motivation Speech by Dr. Jitendra Thadani, Lecturer Sanskrit, Samrat  
Prithviraj Chauhan Govt. College Ajmer**

After the talk students were performed various activities were according to their skills and interest viz. Face Painting / Poster Making/Sell out etc. These would allow for creative expressions of students.



**Activity Corner: Face Painting**





### **Activity Corner: Face Painting**

After lunch various sports activities were performed by students under the supervision of faculty members.



### **Sports Activity –Kho-Kho**



### **Sports Activity –Volley Ball**

In the evening there was informal interaction of freshers with seniors. After dinner students were enjoyed movie.

### **Day: 3 10.01.2018**

The day was started with daily routine of physical activity viz. Yoga, light exercise. The formal session was started by **Sister B.K. Ankita, Brahamkumari** Education Centre Ajmer; she mentioned the role of meditation and yoga in our education. Also she told about the human values to the students and staff.





**Motivation Talk beliverd by Sister B. K. Ankita, Brahamkumari**

After that the Mike handed over to **Sh. Ras Bihari Gaur** eminent hasya kavi, writer, and Laughter Champion. He described the importance of women education and also ironically explained about today's education system and suggested some solution for its modification. He also gave the impression of the life of literature in very beautiful words. **Cleanliness campaign** started after lunch, in which students and faculty cleaned various places of the college. The activity was carried out under the kind supervision of **Dr. Seema Maheshwari** and **Ms. Meeta Sharma**.



**Cleanliness campaign drive**

After that, many students who had performed music activities to make the atmosphere lighter and cheerful, some students played with instruments, also many students enjoyed Antakshari, Some students enjoyed dance. Not only students but Faculty members were also participated in these activities with full swing. After dinner students were enjoyed movie.

**Day: 4 11.01.2018**

The day was started with daily routine of physical activity viz. Yoga, light exercise. After breakfast the plantation activity was planned. Nearly 100 plants were planted at the various places in the college. After plantation activity literary activity i.e. essay writing, debate were organized for interested students.



**Essay Writing**

Some students have been involved in other activities viz. Best out of Waste, Sell Out etc.



### **Plantation Activity**

After the lunch Nareli Tirth visit was planned with the view to attract the surrounding places of Ajmer. Student along with faculty visited the pilgrimage and understand the religious significance of that place. After return from the visit they enjoyed movie.



### **Nareli Visit**

**Day: 5 12.01.2018**

The day was started with daily routine of physical activity viz. Yoga, light exercise. The formal session of the day was started by the interaction and group discussion between seniors and newcomers, in the view of increasing harmony between them. After that **Dr. Ritu Saraswat**, Assistant Prof. Govt. College Pushkar delivered her motivational speech.





### **Motivation Speech by Dr. Ritu Saraswat, Assistant Prof. Govt. College Pushkar**

After the speech student enjoyed with lot of activities viz. street play, stand up comedy, acting, mimicry, music etc. After lunch, students participated in sports activities with great energy. In the evening summary of the programme was presented by students.



### **Sports Activity**

**Day: 6 13.01.2018**

The day was started with daily routine of physical activity viz. Yoga, light exercise. On that day feed back from the students were collected and also knew about their views about the programme for the improvement in the next time. Finally the vote of thanks delivered by Senior students.





**Group Discussion**

**THANK YOU**